

# Weekly Cleaning Schedule



## ROUTINES

MORNING	M	T	W	R	F	S	S	EVENING	M	T	W	R	F	S	S
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## ZONE CLEANING

### ZONE 2 - KITCHEN

- Clean fridge (15)
- Clean freezer
- Dust sills & shelves
- Wipe knick-knacks
- Cabinet fronts (15)
- Clean stovetop
- Clean oven
- Clean vent hood
- Under sink (15)
- Microwave
- Windows
- Pantry
- Vacuum (15)
- Mop
- Dishwasher
- Backsplash

## DAILY FOCUS

### MONDAY - WEEKLY HOME BLESSING

- Change Sheets
- Mirrors
- Vacuum
- Empty Garbages
- Dust
- Mop

### TUESDAY - PLAN & PAY

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### WEDNESDAY - ANTI-PROCRASTINATION

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### THURSDAY - ERRANDS

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### FRIDAY - CAR & BAG

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### WEEKEND

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## MENU

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## REMINDERS

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*progress not perfection*